

Target Audience

Physicians, trainers, and other sports medicine providers

Date

Saturday October 6th & Sunday October 7th, 2007

Location

John Muir Medical Center
Concord Campus
2540 East Street
Concord, CA 94520

Preferred Hotel

Renaissance ClubSport Walnut Creek
Hotel & Spa
2805 Jones Road
Walnut Creek, California 94597
Phone: 1-925-938-8700



Course Tuition

\$50 registration fee includes
breakfast and catered lunch for
both course days, and reception on
Saturday afternoon

Space is limited

Register by September 7, 2007

Phone: 925 944 0110

C.M.E. Credits

Accreditation Statement:

John Muir Medical Center, Concord Campus is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. John Muir Medical Center, Concord Campus takes responsibility for the content, quality and scientific integrity of this CME activity.

Credit Designation Statement:

John Muir Medical Center, Concord Campus designates this educational activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the *CMA Certification in Continuing Medical Education*.

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301 Lennon Lane
Suite 100
Walnut Creek, CA 94598

WALNUT CREEK SPORTS MEDICINE UPDATE 2007



Pivotal Topics in Athletic Injury Management

October 6-7, 2007 | Walnut Creek, CA

12 C.M.E.s and C.E.U.s available



A CONTINUING MEDICAL EDUCATION PROGRAM



Course Director



William B. Workman, MD
Orthopedic Surgeon
President, Walnut Creek
Orthopedics and Sports Medicine

Course Faculty



Goeff Riley, MD
Musculoskeletal Radiologist
East Bay Medical Imaging
Clinical Faculty, UCSF



Glen Barker, ATC
Athletic Trainer
Walnut Creek Orthopedics and
Sports Medicine
San Francisco Dragons,
Professional Lacrosse

Guest Faculty



Arthur L. Boland, MD
Head Orthopedic Surgeon,
Harvard Athletics
Harvard Medical School
Massachusetts General Hospital

Key Note Address



Jack Clark
Head Coach, University of California
Varsity Rugby
23 National Collegiate Championships

Saturday, October 6, 2007*

7:30 - 8:00 a.m. Registration and Continental
Breakfast

- 8:00 a.m. **Knee Update I**
- MRI: What you can see in the knee
 - ACL: Double bundle reconstruction
 - ACL: Graft choice (hamstring, BTB, cadaver)
 - Latest techniques in articular cartilage resurfacing
 - Current techniques in patellofemoral rehabilitation

- 9:00 a.m. **Shoulder Update I**
- MRI: Making the diagnosis
 - Treatment of complete rotator cuff tears
 - Frozen shoulder—What to do?

10:00 a.m. Break

- 10:20 a.m. **Guest Faculty Lecture**
Arthur L. Boland, MD
- Perspectives in Sports Medicine

- 11:00 a.m. **Hip Update**
- MRI Imaging for Hip Pathology
 - Femoral Acetabular Impingement (FAI)

- 11:30 a.m. **Ankle Update**
- Evidenced based approach to ankle injuries
 - New Frontiers: Posteromedial ankle impingent
 - Ankle instability reconstruction: Anatomic better than Crisman-Snook

12:00 p.m. Catered Lunch

- 1:00 p.m. **Live Surgery Broadcast—Knee**
- ACL reconstruction
 - Meniscus repair
 - Interpositional arthroplasty

- 2:30 p.m. **Case Presentations**
- Challenging athletic injury cases

4:00 p.m. **Reception**
Refreshments and appetizers

Sunday, October 7, 2007

7:30 - 8:00 a.m. Registration and Continental
Breakfast

- 8:00 a.m. **Shoulder Update II**
- Impingement and the results of minimally invasive treatment with topaz
 - Shoulder arthritis in the athlete
 - Multidirectional instability—latest options
 - Manual therapy for shoulder—new horizons

- 9:00 a.m. **Knee Update II**
- MRI Imaging technique for meniscus
 - Biotechnology for meniscus regeneration
 - New techniques for meniscus repair
 - Treatment for MCL tears
 - Pediatric knee injuries

10:00 a.m. Break

- 10:20 a.m. **Key Note Address**
Coach Jack Clark

- 11:00 a.m. **General Knowledge Update**
- NSAIDS and tissue healing
 - Hamstring injuries

- 11:30 a.m. **Elbow Update**
- “Tommy John” surgery
 - Distal biceps injuries

12:00 p.m. Catered Lunch

- 1:00 p.m. **Live Surgery Broadcast—Shoulder**
- Labral repair
 - Rotator cuff repair

2:30 p.m. **Case Presentations**

4:00 p.m. Adjourn

Supported in part by:

John Muir Health
Walnut Creek Orthopedics & Sports Medicine, PC