

# HISTORY: LUMBAR SPINE

FOR OFFICE USE

NAME \_\_\_\_\_

PATIENT NUMBER \_\_\_\_\_

DATE \_\_\_\_\_

## THIS FORM APPLIES TO A PROBLEM WITH YOUR LOWER BACK (LUMBAR SPINE)

### 1. MAJOR COMPLAINT, AT PRESENT TIME (*the main reason you came to the doctor*) CIRCLE NUMBER

- |                     |  |
|---------------------|--|
| 1. deformity        | 11. limp                                 |
| 2. pain             | 12. legs giving out                      |
| 3. aching-sore      | 13. loss of work                         |
| 4. tingling         | 14. loss of activities                   |
| 5. numbness         | 15. tripping over obstacles              |
| 6. stiffness        | 16. loss of sleep because of severe pain |
| 7. loss of motion   | 17. getting up after sitting             |
| 8. weakness         | 18. electrical shocks                    |
| 9. loss of strength | 19. (other) _____                        |
| 10. paralysis       | 20. (other) _____                        |

### 2. NATURE OF YOUR PROBLEM AS YOU UNDERSTAND IT OR HAVE BEEN TOLD (CIRCLE NUMBER)

- |                |  |
|----------------|--|
| 1. injury      | 6. growth                                |
| 2. fracture    | 7. birth defect ( <i>developmental</i> ) |
| 3. dislocation | 8. tumor                                 |
| 4. arthritis   | 9. (other) _____                         |
| 5. infection   | 10. do not know                          |

### 3. HOW DID YOUR PROBLEM START? (CIRCLE NUMBER)

- |  | ON (date)      |
|--|----------------|
| 1. gradually                             | ____/____/____ |
| 2. suddenly                              | ____/____/____ |
| 3. injury while _____                    | ____/____/____ |
| 4. injury at work at _____               | ____/____/____ |
| 5. injury in vehicle accident at _____   | ____/____/____ |
| 6. reinjury of previous problem at _____ | ____/____/____ |
| 7. (other) _____                         | ____/____/____ |
| 8. do not know                           |                |

### ACCIDENT INJURY INFORMATION

- ▶ IF YOU HAVE NEVER BEEN INJURED, SKIP TO QUESTION 14  
▶ IF YOU HAVE BEEN INJURED, CONTINUE WITH NEXT QUESTION

### 4. HOW AND WHERE WERE YOU MOST RECENTLY INJURED? (CIRCLE NUMBER)

- |                           |                          |
|---------------------------|--------------------------|
| 1. at home                | 8. in a car              |
| 2. at work                | 9. as a pedestrian       |
| 3. at a store             | 10. in an airplane       |
| 4. at friends             | 11. in a sports accident |
| 5. on a bicycle           | 12. on a boat            |
| 6. on a motorbike         | 13. (other) _____        |
| 7. on all terrain vehicle |                          |

# PATIENT PAIN DRAWING

Form No. 51030 (1/95)

NAME \_\_\_\_\_

DATE \_\_\_\_\_

## Where is your pain now?

Mark the areas on your body where you feel the sensations described below, using the appropriate symbol. Mark the areas of radiation. Include all affected areas. To complete the picture, please draw in your face.

**ACHING**

▲ ▲ ▲

**NUMBNESS**

= = =

**PINS AND NEEDLES**

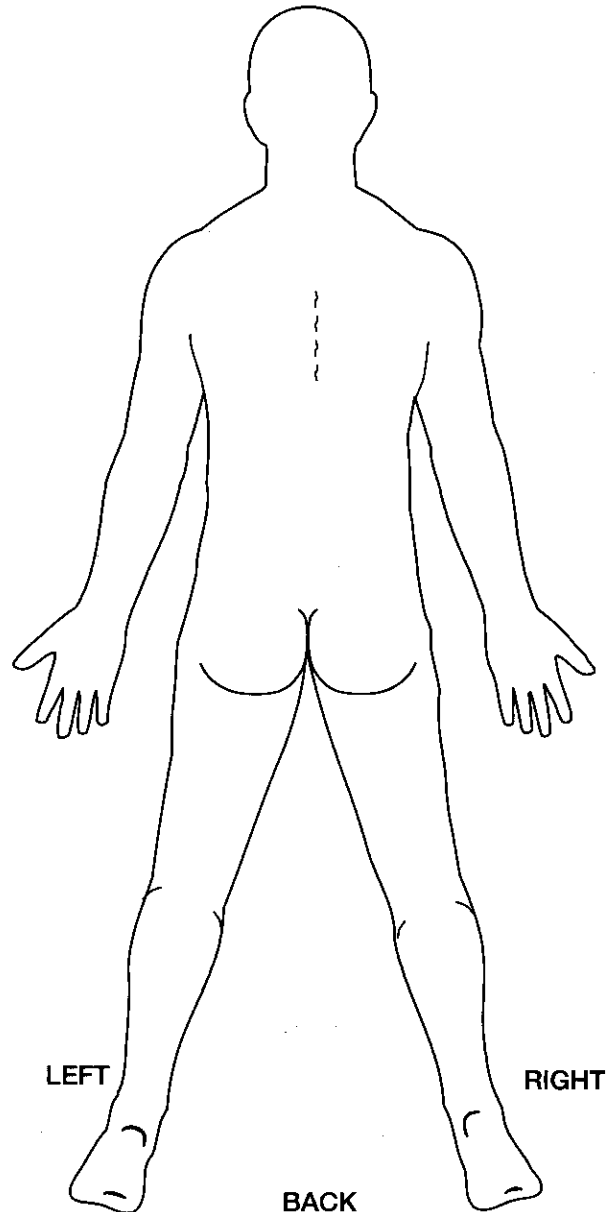
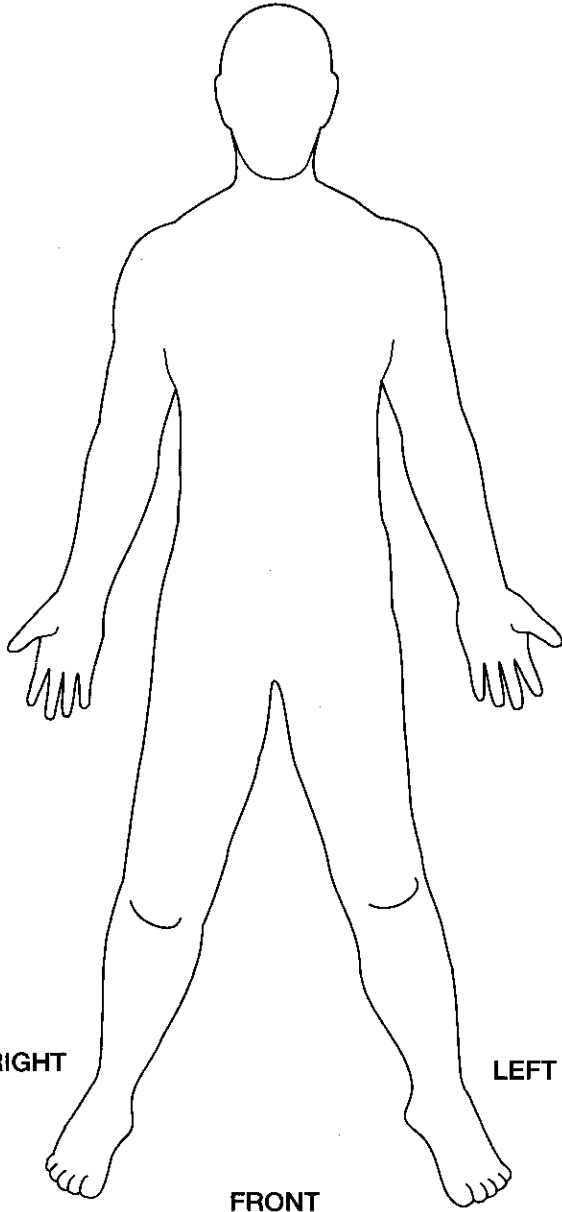
○ ○ ○

**BURNING**

X X X

**STABBING**

/ / /



## How bad is your pain now?

Please mark with an **X** on the body form where the pain is worst now.

Please mark on the line how bad your pain is now:

No pain \_\_\_\_\_ Worst possible pain