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DLS/lr

Medical Report for the Court
On

[REDACTED]

Date of birth: [REDACTED] 1975
Accident date: [REDACTED] 2006

[REDACTED] ref. [REDACTED]
[REDACTED] Solicitors ref. [REDACTED]

22nd May 2006

Prepared by

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134 Stanningley Road, Bramley LS12 2RF
(correspondence to be addressed to The Yorkshire Clinic)

[REDACTED]

This report has been prepared under instructions from [REDACTED], acting for [REDACTED] Solicitors. General practitioner and hospital records have not yet been provided. The report is based upon review and examination of the claimant which took place on the above date. An addendum to the report will be issued if appropriate after the medical records have been reviewed.

Date of Injury 12th January 2006

Diagnosis Soft tissue injury left foot
 Soft tissue injury left shoulder
 Generalised bruising

Summary

Motorcyclist involved in road traffic accident with a van. Soft tissue injuries with some ongoing symptoms which are likely to respond to physiotherapy and/or podiatry. No long term sequelae anticipated.

History

Mr. [REDACTED] gave the following account. On the above date he was riding his motorcycle wearing a helmet and leathers. Whilst slowing down in traffic he was hit on the left hand side by a "white van". The van impacted against his left foot crushing it between the van and his bike. He was thrown from the bike and landed in the road some 5-6 metres away from the bike. There was no loss of consciousness but he was very shaken. He scrambled out of the road and waited on the ground until emergency services arrived. He was immediately aware of pain and discomfort in the left lower leg from the ankle downwards.

The claimant was taken on a stretcher to an ambulance and then taken to the accident and emergency department of Leeds General Infirmary.

At accident and emergency he recalls that he was examined and radiographs were taken. No bony injury was identified. He was given crutches but no support bandage was applied to the ankle. He was allowed home.

The claimant was also aware of left sided shoulder pain and some generalized bruising. The left shoulder settled completely within ten days of the index accident.

[REDACTED]
[REDACTED]

The claimant remained off work for some four days after the index accident during which time he stayed at home with his foot elevated or using a cold compress. Two of these days were a weekend. The claimant then went back to his normal job in information technology though he kept his foot elevated on his desk for most of the time during the first 3-4 weeks after injury. He reports that visible bruising settled during this time.

The claimant continued to use crutches for the first five weeks after injury.

Approximately six weeks after the index accident the claimant attended accident and emergency again because of ongoing pain and discomfort in the left foot particularly. He was referred for a course of physiotherapy which continues to date. The claimant reports that he has been recently advised by his physiotherapist that review by a podiatrist would be appropriate.

The claimant was not at the time of the index accident registered with a general practitioner but has now registered. He has not attended his general practitioner with symptoms related to the index accident.

The claimant did not use his motorcycle until the end of March 2006.

Current status

The claimant reports that he is aware of a constant throbbing pain in the left foot which is worse if he stands for more than 5-10 minutes. His foot feels swollen and he is unable to run. He reports that symptoms settle if he elevates his foot but when painful the foot can remain in this state for some 24 hours.

He also reports discomfort when taking his first step from a seated position which eases with further walking.

Employment status

The claimant works as a computer developer. He was reasonably off work for some four days including a Friday and a Monday either side of a weekend with symptoms related to the index accident.

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[REDACTED]

Recreational activities

Prior to the index accident the claimant played tennis, football, squash and golf. He has not returned to these activities. He has not used his bicycle this year.

Medication

Nil.

Past medical history

The claimant reports that he has injured both ankles in the past and recalls the most recent injury to his left ankle to have taken place in 2005. He did not consult his general practitioner with symptoms related to the ankle.

On examination

The claimant mobilized during the consultation without evident discomfort. He localized his residual symptoms to the top of the foot and the base of the lesser toes. There was no tenderness here. There was very slight increased soft tissue fullness over the extensor tendons compared to the uninjured side. Peripheral circulation and sensation were intact. Compression of the metatarsal heads did not reproduce any symptoms suggestive of a neuroma and sensation and circulation in the toes was intact.


Range of movement in both ankles was equivalent with firm end points to the collateral ligaments.

The claimant is not overweight for his height. Physical examination was otherwise unremarkable.

Opinion and prognosis

The nature and mechanism of injury as described would be consistent with significant soft tissue injuries. I believe that the claimant's residual soft tissue symptoms will continue to improve with the further passage of time and that it is appropriate for him to have a course of physiotherapy and to be reviewed by a podiatrist to assess any secondary gait abnormalities which may have occurred as a result of the index accident.

Overall, I would not anticipate any long term disability either in relation to the open labour market or recreational activities as a result of the index accident. It is possible that the claimant may have some nuisance value symptoms in the longer term but no more than


this. A more detailed prognosis will be available once the medical records have been reviewed.

I understand that my duty is to the court and I confirm that I have complied with that duty.

I confirm that insofar as the facts stated in my report are within my knowledge, I have made clear which they are and I believe them to be true and that the opinions I have expressed represent my true and complete professional opinion.

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