

CURRICULUM VITAE

JAMES C. HOLMES, M.D.

UNDERGRADUATE EDUCATION: Louisiana State University
Baton Rouge, LA; 1962-1965.

MEDICAL EDUCATION: Louisiana State University Medical
Center New Orleans, LA; 1965-1969.
M.D. Degree 1969.

Alpha Omega Alpha (National Honor
Medical Society)

INTERNSHIP: Parkland Memorial Hospital
Dallas, TX; July 1969 - June 1970.

RESIDENCY: University Hospital Health Sciences
Center
Denver, CO; July 1970 - June 1974.

FELLOWSHIPS: Robert Jones & Agnes Hunt Orthopaedic
Hospital: Oswestry, England; July 1
1974 - June 30, 1975

Boston Children's Hospital - Boston,
MA; July 1, 1977 - December 31, 1977.

MILITARY SERVICE: Staff as Major, USMC - Madigan Army
Medical Center, Tacoma, WA; 1975 -
1977.

CURRENT STATUS: Private practice 1978 - present.
1830 Franklin Street, Suite 450,
Denver, CO 80218.

HOSPITAL AFFILIATIONS:

P/SL Medical Center, 1719 E. 19th Ave., Denver, CO 80218
St. Joseph Hospital, 1835 Franklin St. Denver, CO 80218
Midtown Surgical Center, 1919 E. 18th Ave., Denver, CO 80218

BOARD CERTIFICATION:

American Board of Orthopaedic Surgery 1975.

SOCIETY MEMBERSHIPS:

American Academy of Orthopaedic Surgeons
American Association of Hip & Knee Surgeons
American Orthopaedic Society for Sports Medicine
Arthroscopy Association of North America
Colorado Medical Society
Colorado Orthopedic Society
Denver Medical Society
Western Orthopaedic Association

ATHLETIC PROGRAM AFFILIATIONS:

Head Orthopaedist: United States Cycling Federation Jan.
1994-Dec 1996.
Staff physician: Tour Dupont 1991, 1992 & 1993.
Staff physician Celestial Seasoning Bike Race, 1992.
Staff physician: Tour de Trump 1989 & 1990
Team orthopaedic surgeon, University of Colorado Athletic
Teams, Boulder, CO 1978 - December 1987.
Buff Club Service Award, 1987

PUBLICATIONS:

Holmes, J.C., Pruitt, A.L., Whalen, N.J.: "Cycling Injuries" (Chapter) The Upper Extremity and the Lower Extremity & Spine in Sports Medicine (Nicholas and Hershman) 2nd ed., Vol. 2, 1559 - 1576, Mosby - Year Book Inc., St. Louis, MO., 1995

Holmes, J.C., Pruitt, A.L., Whalen, N.J.: "Lower Extremity Overuse in Bicycling" (Chapter) Clinics in Sports Medicine, Vol 13, No 1, January 1994. WB Saunders Company, Phil. PA

Holmes, J.C., Pruitt, A.L., Whalen, N.J. : Iliotibial Band Syndrome in Cyclists. Am J. Sports Med, Vol 21, No 3, pp 419-424, June 1993

Holmes, J.C., Whalen, N.J., "Disassembly of the Osteonics Bipolar Ring When Used With a Howmedica Femoral Head: A Report of Four Cases". J. Arthroplasty, Vol 7, No 2, June 1992

Holmes, J.C., Pruitt, A.L. and Whalen, N.J. : Cycling Knee Injuries. Cycling Science., pp. 11-14, August 1991.

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Holmes, J.C. and Hall, J.E. : Fusion for Instability and Potential Instability of the Cervical Spine in Children and Adolescents. Orthopaedic Clinics of North America, Vol. 9, No. 4: 923-943, October, 1980.

Hall, J.E. and Holmes, J.C. : Late Management of Congenital Hip Disease. The Hip, Proceedings of the Eighth Open Scientific Meeting of the Hip Society, 1980. Producer: C.V. Mosby, Co., St. Louis, Toronto and London, 1980 : 245-277.

Holmes, J.C., Skolnick, M.D. and Hall, J.E. : Untreated Median-Nerve Entrapment in Bone after Forty-seven Years. Report of a Case. Journal of Bone and Joint Surgery, 61-A: 309-310, March 1979.

Holmes, J.C. and Hall, J.E. : Tardy Ulnar Nerve Palsy in Children. Clinical Orthopaedics and Related Research, 135: 128-131, September 1978.

PRESENTATIONS:

Holmes, J.C.: Common Injuries in Cyclists, Knee Pain in Cyclists, Oregon Institute of Sports Medicine. Bend, Oregon, March 1993.

Holmes, J.C.: Iliotibial Band Syndrome in the Cyclist. A.O.S.S.M. Annual Meeting, Orlando, FL. July 1991.

Holmes, J.C.: Knee Pain in the Cyclist. A.O.S.S.M. Annual Meeting, Sun Valley, ID. July 1990.

Holmes, J.C., Pruitt, A.L., Whalen, N.J.: Knee Pain in the Cyclist. Presented at the First I.O.C. World Congress on Sport Sciences. October 28 - November 3, 1989.

Kurica, K.; Holmes, J.; Peck, S.; Cox, W.; Brantigan, C.; Wenzel, W.; and Brown, C.: Hypercoagulability and the Prediction of Thromboembolic Phenomena in Total Hip and Total Knee Surgery. Presented at the 49th Annual Meeting of the American Academy of Orthopaedic Surgery, January 1982.